

This is food waste:

- All types of leftover food, whether cooked, raw or expired
- Bones from meat, fish and poultry
- Fruit and vegetable waste, including peels, cores and tops
- Eggs and eggshells
- All types of bread
- Pantry goods (flour, spices, canned food, etc.)
- Tea bags, tea and coffee grounds
- Candy, snacks (popcorn, cheese puffs, etc.)
- Diet supplements, protein powders, dieting powders
- Cat and dog food, both wet and dry
- Coffee filters, paper towels and napkins are also fine



This is NOT food waste:

- Potted plants, cut flowers and garden waste
- Tobacco, cigarettes and snus
- Chewing gum/nicotine gum
- Medicines (hand in at the pharmacy)
- Ice cream sticks, chopsticks and wet wipes
- Dirt, sand, cat litter and cage bedding
- Charcoal, ashes and candle wax

Remember!

- The food waste bag **may only** contain food waste
- To avoid the bag becoming too wet, let wet food waste, such as potato peels, sit in the sink for a moment to drain before you put it in the bag
- If the bag gets too wet, you can put some paper towels/napkins in the bag, which will soak up some of the liquid
- If the bag is too wet, put it in another food waste bag before taking it outside, but do not use a plastic bag in or around the paper bag
- Avoid the smell of shrimp and fish waste by rinsing it in cold water and wrapping it in paper towels/napkins before placing it in the bag, or take the bag out at once. The bag can also be kept in the freezer until you have time to take it out
- To avoid smell and vermin in the summer, you should wash the bag holder regularly and spray/drip some vinegar in it. The bag holder is dishwasher proof
- In the winter, if you live in a house, make sure that excess liquid is properly drained before putting the waste in the bag, otherwise it may get frozen stuck to the container, which then cannot be emptied. It is the property owners responsibility to dislodge any waste that is frozen stuck or sticks to the container for some other reason

All the best sorting your food waste!